

2016 AMERICAN YOUTH FOOTBALL COACHES CERTIFICATION GUIDELINES



UPDATED 6/6/16

ALL HEAD COACHES ARE REQUIRED TO COMPLETE THE FOLLOWING COURSES/TASKS

1. **CDC HEAD'S UP COURSE – FREE**

<http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

2. **NATIONAL ALLIANCE FOR YOUTH SPORTS CONCUSSION COURSE – FREE**

<http://www.nays.org/additional-training/preview/concussion-training.cfm>

3. **SEAHAWKS TACKLING VIDEO AND COMPLETE QUIZ – FREE**

(myayf access must be provided by association or league for coach access)

<http://www.myayf.com>

4. **ASEP COACHING FOOTBALL THE AYF WAY (\$24.95) FOR NEW HEAD COACHES. RETURNING HEAD COACHES WHO PREVIOUSLY TOOK THE COURSE MUST COMPLETE THE AYF/AYC REFRESHER COURSE (\$15.95) 2 MILLION DOLLAR LIABILITY PER COACH IS INCLUDED WITH COURSE COMPLETION.**

<http://www.ayfcoaching.com>

ALL ASSISTANT COACHES ARE REQUIRED TO COMPLETE THE FOLLOWING COURSES/TASKS

1. **CDC HEAD'S UP COURSE – FREE**

<http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

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